

FIRST PERIOD

STARTERS

POTATO SKINS

Four potato skins, loaded with melted fresh nacho cheese, bacon and green onion.

Served with salsa and sour cream 14.50

Add diced Cajun chicken 8

BAKED PEROGIES

Baked with bacon, nacho cheese and topped with green onions.

Served with sour cream and salsa 14.50

POUTINE

French fries smothered in gravy and cheese curds 12.50

TILBURY NACHOS

Tri-colored tortilla chips smothered in melted fresh nacho cheese, diced tomatoes, sliced jalapenos, black olives, green onions and topped with salsa and sour cream 20.00

Add Mexi beef or Cajun chicken 8

SEASONED BONELESS PORK

One pound of homemade tender boneless pork sprinkled with sea salt and black pepper. Served with Honey Garlic 15.50

CRISPY GINGER BEEF

Tender strips of sirloin battered and fried then drizzled in our Sweet Ginger Garlic sauce 15.00

T WINGS WINGS WINGS

Buffalo Hot, BBQ, Honey Garlic, Teriyaki or Salt & Pepper
1lb - 15 (one sauce)
1lb - 18 (two sauces)
2lb - 28 (two sauces)

CALAMARI

Lightly coated and seasoned, fried to a golden brown. Served with red onion, lemon wedge and tzatziki 16

POPCORN SHRIMP

Served with cocktail sauce 15.50

Add any extra appetizer sauces 2.00

ON - SIDE

BASKET OF FRIES 9.50 or YAM FRIES 10.50

BABY CAKES or ONION RINGS 9.50

GARLIC BREAD Two slices 7
with melted fresh nacho cheese 8.50

MEXI BEEF 9

PRAWNS 12.50

BABY SHRIMPS or TUNA 9.50

OUR HOUSE FAVOURITE



ALL MENU ITEMS SUBJECT TO TAX

TOAST & JAM 4.00

CHIPOTLE, TZATZIKI
or ANY EXTRA SAUCE 2.00

GRAVY 4.50

SIDE CHICKEN 10

SIDE FISH 11.00

CAJUN SALMON 12.00

SECOND PERIOD

BURGERS

All burgers come with lettuce, tomato, onion & burger sauce

(BUTCHER STYLE BEEF PATTY)

CALDER CUP

Our regular burger with lettuce, tomato, onion and burger sauce 17.00

PRESIDENT'S CUP

Double patty, mushrooms, swiss cheese, bacon, lettuce, tomato and red onion 20.50

TILBURY B & G

Double patties, double cheese and BBQ sauce 20.00

BACON BLUE

Burger fixings, double bacon and Chunky Blue Cheese dressing 20.50

KLANCY BURGER

Mushroom and melted Swiss cheese with all the burger fixings 20.50

SINGLE BACON CHEESE 20.50

BURGER BEER 25

All burgers & sandwiches served with your choice of fries or salad. Add Cheddar, Swiss, mushrooms or bacon 4
Double up your beef patty 8 Substitute for soup, Caesar salad, yam fries or onion rings 5

SANDWICHES & WRAPS

T CANUCK CLUB

Triple decker with bacon, lettuce, tomato, honey ham and shaved turkey 18.50

COYOTE

Classic grilled cheese with honey ham 14.50

OILER DIP

Shaved roast beef piled high on a toasted sub roll served with Au Jus 19.50

BRUIN BLT

Need we say more 15.50

RUBEN SANDWICH

Sourdough, Montreal style corned beef, sauerkraut, mustard 18.50

T SOUTHWEST CLUB

BLT on bottom, fresh chicken breast on top. 18.00

Substitute for soup, Caesar salad, yam fries or onion rings 5

OUR HOUSE FAVOURITE



ALL MENU ITEMS SUBJECT TO TAX

T SABRE BURGER

Breaded chicken breast smothered in Buffalo hot sauce topped with cheese & Ranch dressing.

Served on a hoagie bun 20.50

STUART'S MVP

Tender chicken breast topped with bacon and cheese 20.50

CONN SMYTHE

Grilled vegetable patty, cheese and all the fixings on a grilled Kaiser bun 17.00

CHICKEN PARMIGIANO

Crunchy chicken cutlet topped with Parmesan & Swiss cheeses, marinara sauce & veggies 21.00

T HALIBUT BURGER

Tartar sauce and melted Swiss cheese 23.00

CAJUN BURGER

Burger fixing, grilled cajun chicken breast 20.50

WESTCOAST BURGER

Wild Alaskan salmon filet sprinkled with Cajun spice and lightly brushed with BBQ sauce 22.50

TUNA MELT

With melted cheese on grilled texas toast 18.00

TURKEY WRAP

Fresh shaved turkey with cranberry sauce, mayo and all the fixings 19.50

CHICKEN CAESAR WRAP

Grilled strips of chicken and crisp romaine tossed in our creamy Caesar dressing 18.00
Try it tossed with Buffalo hot sauce

T CLUBHOUSE WRAP

Bacon, lettuce, tomato, honey ham and shaved turkey 18.00

SOUTHWEST WRAP

Chicken, bacon, lettuce, onion, tomato, green onion and chipotle mayo 18.00

THIRD PERIOD

ENTRÉES

VEGETABLE CURRY

A rich and creamy Indian dish, mildly spiced and full of flavor.

Served with rice and naan bread 18.50

T STEAK SANDWICH

8oz top sirloin steak grilled to order on garlic bread.

Served with fries & side salad 26

Add garlic prawns 12

Substitute for yam fries or onion rings 5

FISH N CHIPS

Half pound of beer battered fish with french fries. Served with tartar sauce and lemon wedge 20

Two Piece 28

T BUTTER CHICKEN 22.00

CURRY CHICKEN 20.50

A secret family recipe of this classic india dish over a bed of rice with garlic naan bread 22

CHICKEN & MUSHROOM PASTA

Tender chicken and mushrooms on fettuccine marinara or alfredo and garlic toast 22

CALAMARI & CAESAR

Our crunchy appetizer served with red onion, tzatziki and Caesar salad & lemon wedge 21.00

STRIPS & CAESAR

Five Chicken strips with your choice of honey mustard, plum or bbq sauce served with Caesar salad 20

CHICKEN QUESADILLA

Grilled chicken, nacho cheese, diced tomato, onion, olives and jalapenos in a tortilla shell.

Served with salsa and sour cream 19

SOUTHWEST QUESADILLA

Cajun chicken, bacon, nacho cheese, sweet red onion and chipotle mayo tomatoes in a tortilla shell.

Served with salsa & sour cream 20.00

CHICKEN STRIPS & FRIES

Tender golden brown chicken strips served with your choice of fries, garden salad or Caesar salad. Served with choice of Honey Mustard, BBQ or Plum sauce

3pc 16.50 5pc 19

GARDEN MEDLEY STIR FRY

Steamed garden vegetables tossed in your choice of Sweet Ginger Garlic, Teriyaki or Thai sauce.

Served over noodles or rice 18

Add ginger beef or chicken 8

Add prawns 12

T PEROGIES & SAUSAGE BAKE

Mix cheese baked perogies topped with grilled farmers sausage, bacon bits and green onion 21

PIZZA

HAWAIIAN - Honey ham and chunks of pineapple
7 inch 15.00 10 inch 16.50

MEAT LOVERS – Pepperoni and crumbled Italian sausage

7 inch 14.50 10 inch 17.00

PEPPERONI

7 inch 14.50 10 inch 17.00

CHEESE

7 inch 14.00 10 inch 16.00

Add salad or Caesar salad 2.5

OUR HOUSE FAVOURITE



ALL MENU ITEMS SUBJECT TO TAX

O V E R T I M E

S O U P S & S A L A D S

TUNA SALAD

Flaky tuna and grated mix cheese on top
our large green salad 19

CHEF SALAD

Honey ham, turkey and cheddar served
atop crispy green salad 17.50

Add tuna 9.50, chicken breast 8, ginger beef strip 8.50, baby shrimp 10, Cajun salmon filet 12.50

IAN'S CAESAR SALAD

Ian likes it with diced chicken strips rolled in
hot sauce served atop his Caesar salad 22

T CRISPY CHICKEN SALAD

Romaine and Iceberg lettuce, bacon, green
onions, and carrot tossed in our house
dressing topped off with golden chicken
tenders, tomato, & Parmesan cheese 22

GARDEN

Crisp green and romaine lettuce with
carrot, cucumber and tomato
Half 12.50 Full 15.00

CAESAR

Crisp romaine with our creamy Caesar
Dressing, croutons and Parmesan cheese
Half 14.50 Full 16.50

TACO SALAD

Cajun chicken or mexi beef atop iceberg
and romaine lettuce in a tortilla shell
garnished with cheddar, tomato,
green onion and olives 22
(chicken or beef)

T JADE GINGER BEEF SALAD

Mixed greens, tomato, cucumber, green
onion & carrots tossed with olive oil & fresh
lime juice. Topped with crunchy beef strips,
drizzled with ginger garlic sauce, and
garnished with sesame seeds 22

SOUP OF THE DAY

Served with garlic bread
Cup 8.50 Bowl 12

All salads come with your choice of Ranch, Italian, Thousand Island, Blue Cheese,
Balsamic or Tilbury Honey Mustard Vinaigrette. Add garlic bread 6

O V E R T I M E

D E S S E R T

DOUBLE CHOCOLATE FUDGE CAKE

APPLE CRUMBLE \$9.25

B E V E R A G E S

JUICE 3.85

Orange, cranberry, Clamato, apple

FOUNTAIN DRINKS

Pepsi, Diet Pepsi, 7up, Ginger Ale, Root Beer,
tonic, iced tea, lemonade 3.75 (one free refill)

COFFEE or TEA 3.00

MOCHA or HOT CHOCOLATE 4

MILK 4

CANNED POP 2.75

BOTTLED WATER 3.50

PERRIER 4.50

GATORADE 4.50

OUR HOUSE FAVOURITE **T** ALL MENU ITEMS SUBJECT TO TAX

B R E A K F A S T

BREAKFAST AVAILABLE ONLY
TILL 11AM ONLY

NO MEAT BREAKFAST 12

Two eggs, hash browns, and choice of toast

BIG BREAKFAST 18

Two eggs, hash browns, four bacon or four sausages and
choice of toast.
Includes coffee

EGG & HAM SANDWICH 11.50

Scrambled egg, honey ham & cheese inside, toasted
english muffin served with hash browns.

HAM & CHEESE OMELETTE 18.00

Honey ham & cheddar jack cheese blend served with hash
browns and choice of toast.

THE WORKS OMELETTE 19

Honey ham, cheese, tomato, mushroom and green onions.
Served with hash browns and choice of toast.

PANCAKES 18

Pancakes served with four bacon or four sausages and maple
syrup

TOAST & JAM 4

4 SIDE BACON OR SAUSAGES 7.50

EXTRA EGG 3.50

COFFEE OR TEA 2.75

JUICE small 3 large 3.85

Orange, Apple or Cranberry

P E E W E E - K I D S M E N U

ALL ITEMS 14.00

Including Pop
Grilled Cheese / Fries
2 pcs Chicken Strips / Fries
Cheese Burger / Fries
Cheese Pizza
Pepperoni Pizza

GLUTEN FREE

Gluten Free Pizza 10" – \$18.00
Burger / Salad – \$18.00
Crispy Chicken Salad – \$20.80
Salad, Green Onions, Grilled Chicken Breast
Non-Breaded Chicken Wings
1 Pound 15 2 Pound 30

OUR HOUSE FAVOURITE **T** ALL MENU ITEMS SUBJECT TO TAX

TILBURY SPORTS GRILL

T A K E - O U T M E N U



TEL **604-946-2525**
FAX **604-946-2526**

PLEASE DO NOT LEAVE TAKE-OUT ORDERS
ON ANSWERING MACHINE

7187 VANTAGE WAY, DELTA
IN TILBURY ICE CENTRE

CATERING FOR ALL OCCASIONS

Online & Website:

